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COLONOSCOPY
POST-OPERATIVE INSTRUCTIONS

PATIENT NAME _____

1. Limit your activities for 24 hours.

2. IMPORTANT: Prolonged effects from the medication will influence your judgment:
 - **DO NOT** drive a car or operate hazardous machinery for 12-24 hours.
 - **DO NOT** make important personal or business decisions for 12-24 hours.
 - **DO NOT** drink any beverages containing alcohol for 12-24 hours.

3. Some gas or abdominal pain may occur in the immediate time following your test. This is normal. Sit on the toilet and expel as much gas as possible to reduce abdominal discomfort.
4. Report the following signs or any questions regarding your physical condition to your physician immediately:
 - Bright red rectal blood in excessive amounts.
 - Temperature greater than 101 F.
 - Excessive pain.

5. Diet () May resume regular diet
() Liquid diet until _____
() Nothing to eat or drink until _____
() Special diet _____

6. Special instructions and medications _____

7. FOLLOW-UP APPOINTMENT ON _____ AT _____